

# honeysuckle milkflower

*Liam "Lee" Balmeo*

**Ingredients:**

- 1 cup of milk
- 1 teaspoon of honey
- 1 pinch of cinnamon
- 1 sprig of rosemary

**Directions:**

take a spoonful of sun-beaten nectar  
& mix lightly; a flurry of crested  
leaves in an autumn whirlwind, sounding  
like the scraping on a metal pan &  
occasional hail pelting a windowpane. drop  
that dollop of sunshine into a weathered  
mason jar brimmed with milk & let it  
drip off that antique teaspoon like  
dewdrops on a rooftop ledge. add it  
generously by adjusting the concentration  
with every swig, sweetness lingering as  
brightened sunlight & creaminess  
envying the dimmed moonlight.  
drink that ambrosia as if you are  
waiting for tomorrow, today &  
yesterday only relevant in a distant  
moment. allow the jar to sit as if it

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<https://thehowlmag.org>  
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was deserted by its creator & sprinkle  
with cinnamon like snowflakes descending  
down a countryside field. finally, top with  
rosemary from the backyard garden kissed  
by the morning bunch of bees while tasting  
of hard work & dulled earth tones. enjoy by  
stirring with a honey dipper, atomic particles  
swirling in motion & exploding into bushels  
of poppies.